

Newsletter



Work. Home. Community
A Chapter of the National Safety Council

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A Message From the Executive Director

June is National Safety Month and Upcoming Events from IISC

Hello everyone,

Last month I mentioned that June is National Safety Month and with that there is a lot of things going on. Observed annually in June, National Safety Month focuses on reducing leading causes of injury and death at work, on the road and in our homes and communities.

NSC is providing [downloadable resources](#) highlighting a different safety topic for each week in June:

- Week 1: Emergency Preparedness
- Week 2: Wellness
- Week 3: Falls
- Week 4: Driving

In observance of National Safety Month we will be providing a **FREE Emergency Preparedness 8 Hr. Course on Monday June 25th** at our office in West Des Moines. There are a few spots left, so if you're interested be sure to sign up soon at the link above. Iowa Governor Kim Reynolds will also be signing a proclamation declaring June as National Safety Month on June 19th.



Part of National Safety Month is to engage families and communities, and we couldn't be more excited to announce that the Iowa-Illinois Safety Council will be piloting the **National Safety Council's Alive at 25 Program** focused on young driver safety. The Alive at 25 Program is a national program that is taught in almost 40 states across the U.S., and we will be teaching the program for the first time in Iowa this June. With support from State Farm Insurance, we will be launching the program at Dowling Catholic High School and hope to be expanding it soon.



Alive at 25 is a highly interactive program that teaches young adults how to make safe, respectful and legal driving decisions, while giving teens the additional training and guidance they need to change risky behaviors and improve decision-making skills. **Alive at 25** is thought of as a supplement to Driver's Ed, and focuses more on the attitudes and

behaviors towards driving, rather than the nuts and bolts of how to drive. We are piloting the program in West Des Moines and have law enforcement support to teach the course, and we are looking to expand the offering around the state as capacity allows.



Finally, the Iowa-Illinois Safety Council is in the planning stages of a half day **Prescription Drug Awareness Seminar** with a focus towards employers, specifically safety professionals and HR professionals alike. The information packed seminar will feature five speakers so be sure to mark your calendar for September 18th in Des Moines, Iowa to join us and receive the data you need to understand the problem and information you can take back to your facilities so you are prepared to handle issues and hopefully stay ahead of them.

Safety is all of our jobs and the Iowa-Illinois Safety Council takes our role in supporting everything you do seriously. Please let us know if you have any questions on National Safety Month or the other programs we are working on.

*Thanks again,
Adam Lathrop
Iowa-Illinois Safety Council Executive Director*

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Upcoming Events You Need to Know About!

LUNCH + LEARN - HOW TO CREATE A MORE EFFECTIVE SAFETY CULTURE AND ENGAGED EMPLOYEES - A PRACTICAL APPROACH FOR THE REAL WORLD

June 13, 2018 - 11:30 - 1:00 pm

Davenport, Iowa

Cost: IISC Member - \$20 | Non-member: \$25



HOW TO REGISTER

[Click here](#) or call 515-276-4724 ext. 230

NETWORKING BREAKFAST - HOW COMPANIES CAN INFLUENCE SAFETY AT HOME AND IN THE FIELD

June 19, 2018 - 7:30 - 9:00 am

West Des Moines, IA

Cost: IISC Member - \$20 | Non-member: \$25



HOW TO REGISTER

[Click here](#) or call 515-276-4724 ext. 230

EMERGENCY PREPAREDNESS COURSE - FREE!

June 25, 2018 - 8:00 am - 4:00 pm

West Des Moines, IA

Cost: FREE!

HOW TO REGISTER

[Click here](#) or call 515-276-4724 ext. 226

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From the Desk of the IISC Training Department

Emergency Preparedness



USA | CANADA | CHILE

Being prepared for an emergency has always been important; at the workplace and at home with our families. However, how many of us truly are?

According to FEMA, only 39% of us have an emergency plan and 60% of those that do, fail to practice. These are astounding numbers, especially after seeing an increase in natural disasters over the last several years. In fact, over the last 20 years, 600,000 lives were lost due to natural disasters!

It's not only natural disasters we should prepare for. What if you were encountered by an Active Shooter at your workplace? Does your company have a policy? Does your child's school have a policy? Between the years 2000-2016, there were 220 Active Shooter incidents resulting in 1,486 casualties and wounded combined (661 fatalities and 825 injuries), and 40 of these incidents were reported in 2014 and 2015 alone. We're definitely seeing an upward trend.

The Iowa-Illinois Safety Council offers an [Emergency Preparedness course](#) that could certainly help you identify where you may need to update your procedures and educate your employees in case something should happen. This course can be offered as an on-site course or take advantage of our [FREE course](#) on June 25th in observance of National Safety Month.

Eric Thompson
IISC Trainer/Consultant
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Workers' Comp: Opioids: How Are They Affecting Your Workplace?

We hear a lot about the opioid epidemic in our country, that is, the use and abuse of pain medications including oxycodone, hydrocodone, morphine and fentanyl. These medications were nearly unheard of just a few years ago, but now they appear in the news almost daily. Unfortunately, when these medications were introduced, patients and doctors thought they were non-addictive, and only later did we discover that they are highly addictive and dangerous.



Upcoming IISC Events

Courses are taught in Des Moines, IA unless otherwise stated.

June 5-8:
SIOUX CITY, IA
[Safety Management Techniques \(ASC Course\)](#)

June 12:
MOLINE, IL
[Powered Industrial Truck & Train-the-Trainer](#)

June 12:
MOLINE, IL
[Confined Space Safety & Train-the-Trainer](#)

June 13:
MOLINE, IL
[Machine Guarding & Train-the-Trainer](#)

June 13:
MOLINE, IL
[Lockout/Tagout & Train-the-Trainer](#)

June 14:
DAVENPORT, IA
[Lunch & Learn](#)
How to create a more effective safety culture and engaged employees

June 19:
[Networking Breakfast](#)
How Companies Can

**EVERY DAY,
115 AMERICANS
DIE AFTER
OVERDOSING
ON OPIOIDS.**



It's likely you know someone-a family member or a social acquaintance-who is addicted. It's also highly probable that there are employees at your workplace who depend on these drugs. This is cause for concern and vigilance on your part.

Why the Concern?

Those dependent on opioids become addicted very quickly. A workplace accident, a surgery, even a procedure as simple as wisdom teeth removal, often leads to a prescription for this class of pain medications. As the meds wear off the pain returns, leading users to pop even more pills. It becomes a vicious cycle with a desperate need for more and more painkillers.

Affected workers may look and act normally for a time. Eventually, the medications can lead to impairments, with symptoms such as drowsiness, anxiety and depression. Those taking the pills often have impaired judgment, are less productive and experience more workplace accidents.

Now imagine an addicted employee operating a forklift, crane, jackhammer, drill, bulldozer, truck or working with any type of tool. The risk of injury is exponentially higher than the same task completed by a sober employee.

Your company can be at risk even if an addicted employee sits at a desk all day. Whether the employee is writing computer code, reviewing contracts or monitoring a production line over a computer monitor, he or she may be inattentive to detail, have errors in judgment or not complete work on schedule. Whatever role the addicted employee plays in your workplace, opioid addiction affects the cost of healthcare and workers' compensation insurance as claims rise.

What Can You Do?

1. Be Observant

- Observe any changes in a worker's behavior, especially in one who has been treated for an accident or injury. It's possible that he or she is using pain medications.
- Investigate accidents that occur at your workplace (or driving accidents involving employees), checking whether opioids might be involved.
- Consider that a worker with a rising absenteeism rate may be struggling with opioid use.
- Monitor workers' compensation claims to evaluate the type of care injured workers receive.
- If you are in the construction, entertainment, recreation or food service sector, be especially vigilant, as National Safety Council research shows that these industries have a substance abuse problem that is twice the national average.

Influence Safety at Home and in the Field

June 20-22:

[Audiometric Certification Course](#) (class size limited)

June 21:

[Audiometric Recertification Course](#) (class size limited)

June 25:

FREE COURSE
[Emergency Preparedness](#)

June 26:

[Team Safety](#) (ASC Course)

June 27-29:

[First Aid Instructor Development Course](#)

June 29:

[First Aid/CPR/AED/BBP](#)

July 10-13:

DAVENPORT, IA
[Safety Management Techniques](#) (ASC Course)

July 17-18:

[OSHA 10 Hour General Industry](#)

July 17-20:

[OSHA 30 Hour General Industry](#)

July 24:

[Job Safety Analysis](#) (ASC Course)

July 25-27:

[OSHA 2255 - Ergonomics](#) (SSH Course)

July 31-Aug 2:

[OSHA 502 - Update for Construction Industry](#) (SSH Course)

August 7:

DAVENPORT, IA
[Lockout/Tagout & Train-the-Trainer](#)

August 7:

DAVENPORT, IA
[Machine Guarding & Train-the-Trainer](#)

August 8:

DAVENPORT, IA
[Silica Training](#)

August 9-10:

[Defensive Driving Instructor Development Course](#)

August 10:

[Defensive Driving 4 Hour Course](#)

2. Take Appropriate Actions

- Review and update your company drug policies and drug testing to include opioids (don't forget pre-employment testing). Keep in mind that a zero-tolerance policy may not be the best way to control an opioid addiction.
- Thoroughly document any policy violations, recognizing that an impaired employee is a danger to others in the workplace and to your company.
- Provide training to supervisors and employees about the dangers of opioids and how to spot potential problems in your workplace.

3. Treat Opioid Addiction as a Disease

- In working with and supporting an employee with an addiction, follow regulations in the Americans with Disabilities Act (ADA).
- Direct the employee to resources for assistance, including your employee assistance program (EAP) and rehabilitation.
- Provide coaching, letting the employee know that getting medical help is essential, and that if he or she seeks assistance the job will be waiting upon their return to work.

Find more information and assistance from the National Safety Council:

- [Calculate the real costs](#) of substance use in your workforce.
- [Request a kit](#) containing a guide to being proactive about opioid use in the workplace, tools to update your policies and benefit programs, fact sheets, handouts, safety talks and posters.

Resource: EMC Insurance Companies Loss Control Insights

****Mark your calendar for September 18, 2018 for IISC's Prescription Drug Awareness Seminar (agenda and registration information coming soon)**

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Roadway Safety: Memorial Day: Start of '100 Deadliest Days' for Teen Drivers



As we head into the summer months, AAA and law enforcement are reminding drivers to follow the rules of the road.

Memorial Day marks the beginning of the "100 deadliest days" for teen drivers. Statistics show from Memorial Day through Labor Day, the average number of deadly teen crashes increases by 16 percent.

With more teens taking to the roads for summer vacation, their

August 14:
[MASON CITY, IA
Crane and Hoist &
Train-the-Trainer](#)

August 14:
[MASON CITY, IA
Aerial Lift Platforms &
Train-the-Trainer](#)

August 15:
[MASON CITY, IA
Powered Industrial Truck &
Train-the-Trainer](#)

August 15:
[MASON CITY, IA
Recordkeeping](#)

August 21:
[Ergonomics \(ASC Course\)](#)

August 23:
[OSHA 7115-
Lockout/Tagout](#)

August 28-31:
[DAVENPORT, IA
Fundamentals of Industrial
Hygiene \(ASC Course\)](#)

[See more at www.iisc.org](http://www.iisc.org)

inexperience and too often distracted driving can have fatal consequences.

AAA's Foundation for Traffic Safety said teen drivers are three times as likely to be involved in a deadly crash.

Distraction plays a role in 6 out of every 10 teen crashes, whether it's phones or even talking to passengers. Speeding factors into almost 30 percent of the fatal crashes involving teen drivers. Speeding is one of the top three mistakes teenagers tend to make when learning to drive.

AAA said 60 percent of teens who were killed were not wearing safety belts.

Teens who buckle up significantly reduce their risk of death or serious injury.

Resource: NETSWork e-Newsletter May 2018 & NBC 10 WJAR

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OSHA: OSHA Issues Direct Final Rules Revising Beryllium Standard for General Industry; Delays Enforcement of Certain Provisions



On May 4, OSHA issued a [direct final rule](#) clarifying aspects of the beryllium standard for general industry as it applies to processes, operations, and areas where workers may be exposed to materials containing less than 0.1% beryllium by weight. The direct final rule will go into effect on July 4 unless OSHA receives significant adverse comments by June 4. For details, see the [news release](#).

OSHA also [announced](#) that it will begin enforcing certain requirements of the beryllium final rule, including the permissible exposure limits in the general industry, construction, and shipyard standards; and the exposure assessment, respiratory protection, medical surveillance, and medical removal provisions in the general industry standard.

The agency will delay enforcement of other ancillary provisions for general industry until June 25, 2018. The Agency plans to issue a proposal to further extend this compliance date for the ancillary provisions to Dec. 12, 2018.

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New Members

Iowa Ortho
Des Moines, IA

Siouxland Energy
Cooperative
Sioux Center, IA

Vanderhaags Inc
Spencer, IA

US Forest Service-Shawnee
National Forest
Harrisburg, IL

Wiese Industries
Perry, IA

Strategic Comp
Davenport, IA

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Are you looking for some basic workplace safety training programs? Through its partnership with CLMI Training, the Iowa-Illinois Safety Council can provide its members with reduced rates on training kits on a variety of topics ranging from Lockout/Tagout to Aerial Lift, from Confined Space to Overhead Cranes and more.

To order, or for more information please contact:
Dan Culberston - IISC
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