May 2016 - Vol. 21 - Issue 6

Message From The Executive Director

How Did Iowa-Illinois Safety Council’s 63rd Annual Professional Development Conference & Expo Rate?

It has been three weeks since Iowa-Illinois Safety Council’s 63rd Annual Professional Development Conference & Expo at the DoubleTree By Hilton Cedar Rapids Convention Complex in Cedar Rapids, Iowa. The attendee evaluations are still coming in - if you haven’t filled your out yet, it’s not too late - PLEASE DO!

Click here to fill out the evaluation.

Those returned thus far reveal that IISC’s 2016 PDC is continuing on a positive trend with delivering educational topics of value for the IISC membership. There are generally one or two sessions that don’t quite hit the mark; however, even the few that did not score high this year had some positive comments indicating they still provided value to some of the attendees. It can be challenging gaining the highest ratings with every session. After reading the comments, it helped to put some of the evaluation process into perspective, some receive value, where others did not.

The conference evaluation form sent out to the attendees two weeks ago provides a rating of 1 - 5, with 1 being unacceptable and 5 being excellent. Of the 43 sessions listed, attendees have rated 30 of those sessions with scores of 4 and above; 12 sessions scored between 3 - 3.9; and 1 has not yet been scored.

These are the sessions and speakers that scored 4.4 and above:

- David Mitchell, The Power of Understanding People - 4.6 - Technical Session, Wednesday
Council Executive Sponsors

John Drebinger, Would You Watch Out For My Safety? - 4.5 - Breakout Session, Thursday
Brian Bothast, 2016 OSHA Update - 4.5 and 2016 Hazard Control Award Presentation - 4.4 - Breakout Sessions, Thursday and Friday
Jason Nevins, Alliant Energy Sprains and Strains Reduction Program - 4.4 - Breakout Session, Thursday
Gary Higbee, Managing Complex Change - 4.5 - Breakout Session, Thursday
Renee Anthony, Conducing Noise Exposure Assessments - 4.4 - Breakout Session, Industrial Hygiene Track, Thursday
Nick Page - Iowa DNR’s New Online Emissions Reporting System (SLEIS) - 4.4 - Breakout Session, Environmental Track, Thursday
Mark Lies II, What to Expect From OSHA in 2016 & Beyond - 4.4, Breakout Session, Thursday
Zachary Voss, Cleared for Takeoff - 4.4, Breakout Session, Thursday
Kina Repp, Safety Beyond PPE and Friday’s Keynote Speaker scored the HIGHEST RATING with 4.8
William Judge, Medical Marijuana, Prescription Drugs & State Law Compliance - 4.4, Breakout Session, Friday

The only concerns we are having with the ratings are that a few people misunderstood how to fill out the information and marked "Unacceptable" if they did not attend the session. Doing this skews totals with a lower rating, thus many of the sessions would have scored a bit higher.

Once again, attendee’s comments emphasize that they rate networking with fellow safety professionals on a high scale and rightfully so - WE LEARN FROM SHARED INFORMATION!

The IISC Board of Directors and the staff will begin working on Iowa-Illinois Safety Council’s 2017 Professional Development Conference & Expo within the next month and need your input. Please share with IISC staff and board members what’s on YOUR radar for educational sessions that will benefit you and your team with safety, health, and environmental (SHE) professional development. What will your SHE teams and committees need for educational resources to keep your organization on track or better yet, to be a step above with best practices? Talk to the IISC staff and IISC Board of Directors, share your thoughts and make this conference a tool for your organization’s SHE professional growth.

Overall, 97.5% of the attendees felt they benefited from attending the conference and 92.7% said that the conference met their expectations. The IISC board and staff will be working to have both of those questions answered by attendees in 2017 with a 100% rating. WILL YOU HELP? Please tell staff and the board how they can achieve a rating of 100% in 2017.

THANK YOU to those who attended the 2016 Professional Development Conference & Expo! This was my last conference as your Executive Director and I am so excited for what is ahead for IISC, this conference, and the IISC Membership with Adam Lathrop at the helm.

IISC’s 64th PROFESSIONAL DEVELOPMENT CONFERENCE & EXPO is April 19 - 21, 2017 at the Grand River Center in Dubuque, Iowa - GET IT ON YOUR CALENDAR & IN YOUR BUDGET PLANNING TODAY - BRING YOUR WHOLE TEAM!

Laura Johnson, CAE
Executive Director
Iowa-Illinois Safety Council

Lunch + Learn - June 9
Back to Normalcy: Strategies for Return-to-Work
When an injured worker takes time off, there is a strong likelihood that person won’t return AND an increased chance of developing other medical diseases. Applying best practices for return-to-work strategies can reduce risk, decrease time off and provide more productive work scenarios for all. Join us for this informational presentation along with a lunch and networking with your peers.

June 9, 2016 | 11:30 am - 1:00 pm
Unity Point SunnyBrook Clinic
5885 Sunnybrook Drive
Sioux City, IA 51106

Registration: $25 per person

[REGISTER ONLINE]
or call Nancy at 515-276-4724 ext. 230

Special Guest Speaker
Dr. David Martin serves as the Medical Director for UnityPoint Clinic - Occupational Medicine in Sioux City, Iowa, a hospital-affiliated occupational medicine provider. He has literally written the book on return-to-work strategies, as a contributing author for both the AMA’s Guides to the Evaluation of Disease and Injury Causation, the Guides to the Evaluation of Work Ability and Return to Work, and the Guides to Navigating Disability Benefit Systems. In 2015, he was lead author and editor for the test “Complex Regional Pain Syndrome -What is the Evidence?” a project of Veritas Medicus, the AADEP Foundation.

We are honored to have such a highly respected and knowledgeable professional speak to our group on matters that concern all safety professionals, HR specialists and insurance providers alike. Please join us to hear Dr Martin share his perspective on occupational medicine and its impact on workers comp and return to work strategies.

From the Desk of the IISC Training Department

NEW ONSITE TRAINING COURSE
HAZWOPER 40 HOUR
Prevention & Train-the-Trainer

June 14-15:
Sioux City, IA
OSHA 10 Hour General Industry

June 14-17:
Sioux City, IA
OSHA 30 Hour General Industry

June 15-17:
Audiometric Training Course

June 16:
Audiometric Refresher Course

June 22-24:
OSHA 503

June 29:
Electrical Safety and NFPA 70E Overview

A brand new offering from the Iowa Illinois Training Department.

We now offer both 24 and 40 hour HAZWOPER training for onsite training utilizing brand new materials. This training is a requirement if you expect your employees to respond to releases of hazardous substances without regard to the location of the hazard.

Minimum Requirement is 24 hour training initially and an 8 hour refresher course annually. Check out below the new items that will be covered in this training.

What You Will Learn

- Legislation and Standards
- Toxicology and Chemistry
- Informational Resources and Hazard Recognition
- Safe Chemical Handling
- Emergency Action and Fire Prevention
- Fire Extinguishers
- Compatibility of Hazardous Materials and Wastes
- On-site Safety
- Medical Surveillance
- Confined Spaces
- Incident Command Structure
- Emergency Response
- Chemical Labels
- PPE for Emergency Response
- Respiratory Protection Donning, Doffing
- Decontamination
- Spill Cleanup and Critique of Response

If you would like to book training, please contact Jim Silvers at jim@iisc.org or Tony Westendorf at tony@iisc.org or call 515-276-4724 ext. 222.

Worker Safety: Does Your CEO "Get It"?

CEOs Who "Get It" is the National Safety Council’s annual recognition of leaders who demonstrate a personal commitment to worker safety and health.

It doesn’t matter if your organization has 50 employees or 50,000. If you believe your leader should be recognized, fill out the form by clicking here.

Forms submitted between Sept. 1, 2015, and July 31, 2016, will be considered for 2017. The 2017 CEOs Who "Get It" will be featured in the February 2017 issue of Safety+Health.

Roadway Safety: Drivers Feel Pressured to 'Stay Connected'

Despite growing efforts to educate the public about the dangers of distracted driving, a new National Safety Council survey suggests that most American drivers still feel pressured by family and work to constantly stay connected so they can respond to calls and messages.

The survey, released in conjunction with the beginning of Distracted Driving Awareness Month, found that 82% of Americans feel the most pressure from their families. A total of 54% of drivers indicated they still
feel pressure from work.

"The finding not only sheds light on why Americans continue to drive distracted, but also underscores their ongoing struggle to accurately assess risk," the National Safety Council said in a released statement about the survey. "Two-thirds of drivers felt unsafe because of another driver’s distraction, but far fewer - just 25% - recognized that their own distractions have put themselves or others at risk."

Other key findings of the survey include:

- 74% of drivers would use Facebook behind the wheel.
- One in four drivers would feel much better about their drive if there were no way to use technology behind the wheel.
- 66% of drivers would talk on the phone while driving through a parking lot - a chaotic environment with many hazards.
- Of the teen drivers surveyed, 73% said their friends put the most pressure on them to drive distracted - slightly higher than family (71%).

"It is a sad irony that the people we love are actually jeopardizing our safety," said Deborah A.P. Hersman, president and CEO of the National Safety Council. "If you really care, don't call to say, 'I love you.' Instead, encourage your family to set everything else aside, disconnect and focus only on the road."

Thousands have died in distracted driving crashes. The dangers of using cell phones - even hands-free phones - while driving have been understood for years. But there are more ways than ever to stay connected behind the wheel, the National Safety Council pointed out. In-vehicle systems allow drivers to call, text, email, update social media and browse the Internet, despite research showing such systems cause distraction that can linger long after the driver finishes the task.

But there is some good news. A total of 55% of drivers said that if their vehicle or phone came with a technology solution to prevent distraction, they would not turn it off.

To view a National Safety Council video produced for Distracted Driving Awareness Month, click here.

Resource: www.automotive-fleet.com

OSHA - National Safety Stand-Down to Take Place May 2-6

The third annual National Safety Stand-Down will take place from May 2 to 6, as employers across the country pause during the workday to engage workers in discussions, demonstrations, and training on how to recognize hazards and prevent falls. The event is part of OSHA's effort to remind and educate construction employers and workers of the serious dangers of falls, which remain the leading cause of death in the industry.

Please visit OSHA’s Stand-Down webpage to learn how to participate as an employer or find an event in your area. All attendees will be eligible to receive a certificate of participation.

Two large-scale events are planned for the D.C. area: On May 3, all work will be suspended on the construction site of the MGM National
Harbor Resort while OSHA and construction company representatives give presentations and training on fall prevention. On May 5, local construction companies and associations will host a stand-down event at The Fairgrounds at the National's baseball stadium that will include vendor exhibits, safety demonstrations and other interactive events.

In addition, OSHA Training Institute Education Centers will offer free fall protection training courses across the country.

Source:
OSHA QuickTakes - April 18, 2016 - Volume 15, Issue 10

Dealing With Drug & Alcohol Abuse For Employees
Item #3444 - 19 min

Substance abuse is a huge, worldwide problem. In the United States alone there are over 50 million binge drinkers, 17 million illegal drug users and almost 15 million people who abuse prescription medications. Most substance abusers have jobs. In fact, it is estimated that one out of every ten workers has a substance abuse problem. An employee with an alcohol or drug problem can decrease productivity, create a hostile work environment and damage a company's good name. Worst of all, the actions of a worker who is "under the influence" can completely undermine a company's efforts to keep people safe.

The first in a two-part series on dealing with drug and alcohol abuse in the workplace, the training program "Dealing with Drug and Alcohol Abuse... for Employees" discusses the various types of substance abuse that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help keep their workplace drug and alcohol free. The videotape/DVD program includes information on:

* How substances are typically abused by employees.
* Alcohol and other depressants, and their effects.
* Stimulants, narcotics and hallucinogens, and their effects.
* How people get "hooked" on drugs and alcohol.
* Drug dependency.
* Alcohol and drug policies.
* Helping employees overcome substance abuse.

Make sure you have signed up with an account via the Member's Only Page to get the IISC rental rate!

Not familiar with IISC's audiovisual streaming library? Click here for complete details.

New Members

CH2M
Environmental Engineering

CJ Cooper
Third Party Drug Testing
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<td>Hiawatha, IA</td>
<td>Safety &amp; Env Specialist</td>
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### Jobs Available

**Date Posted:** 4/18/16  
**Job Title/Position:** Loss Control Consultant  
**Company/Location:** Holmes Murphy  
**West Des Moines, IA**

**Date Posted:** 4/18/16  
**Job Title/Position:** Safety & Env Specialist  
**Company/Location:** Kemin Industries  
**Des Moines, IA**
April Showers Brings May Deals!

IISC is here to help you with all of your new Phillips AED purchases and trade-ins!

From now until December 30, 2016, trade in your Phillips AED model FR, FR1, FR2, FRx, OnSite, or competitive AED to receive $100 towards the purchase of any new Phillips OnSite, FRx, or FR3 AED.

You will be required to complete a trade-in promotion form and include the serial numbers of each AED being traded in.

For more information contact Logan at logan@iisc.org or 515-276-4724 ext. 225.